

Meal Prices

Breakfast		Lunch	
Student	\$2.00	Student	\$2.75
Guest & Staff	\$2.00	Staff	\$3.65
Extra Milk	\$0.30	Guest	\$4.00
Extra Entrée	\$1.00	Extra Milk	\$0.30
		Extra Entrée	\$1.00

September 2018

Schleswig School District Breakfast & Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

3

No School

Sausage & Cheese Biscuit 4

A. Beef Soft Shell Tacos
B. Grilled Cheese Sandwich

Green Beans

Dutch Waffle 5

A. Macaroni & Cheese w/Bread
B. BBQ Meatball Sub

Sidekicks Frozen Juice Cup

Breakfast Sliders 6

A. Pulled Pork Sandwich
B. Crispy Chicken Sandwich

Baked Beans

Glazed Donut 7

A. Hot Ham & Cheese
B. Taco Pizza

Peas

Breakfast Pizza 10

A. Tater Tot Hotdish w/Bread
B. Chili Cheese Crispito

Carrots

Cheesy Eggs & Toast 11

A. Chili
B. Chicken Nuggets

A&B: Cinnamon Roll
Corn

French Toast Sticks 12

A. Ham & Cheese Wrap
B. Cheese Pizza

Green Beans

Egg & Cheese Biscuit 13

A. Chicken Taco's
B. Mini Corn Dogs

Peas

Long John Donut 14

A. Sloppy Joe
B. Hot Dog on Bun

Baked Beans

Pancakes 17

A. Breaded Pork Fritter
B. Fish Sticks W/Bread

Mashed Potatoes w/Gravy

Glazed Donut 18

A. Spaghetti w/Meat Sauce w/Garlic Bread
B. Crispy Chicken Sandwich

Peas

Waffles 19

A. Nachos Grande
B. Cheese Stuffed Pizza Sticks

Carrots

Breakfast Boat 20

A. Cheesy Scrambled Eggs
B. Baked Ham

A&B: French Toast Sticks
Tater Tots

Cinnamon Roll 21

A. Chicken Flatbread
B. Beef & Cheese Burrito

Corn

Breakfast Pizza 24

A. Cheeseburger
B. Hot Dog

Green Beans

Cheesy Eggs & Toast 25

A. Super Mexi Tots w/Bread
B. Italian Meatball Sub

Carrots

French Toast Sticks 26

A. Cheeseburger Mac
B. Chicken Nuggets

Bread
Corn

Egg & Cheese Biscuit 27

A. BBQ Chicken Sandwich
B. Pepperoni Pizza

Peas

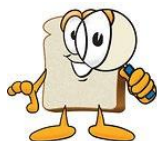
Long John Donut 28

A. Italian Dunker
B. Chicken Wrap

Hashbrowns

Please remember to take at least ½ cup fruit & or veggies for a well balance meal

Be a Food Label Detective:
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.

Fill Up & Fuel Up
at the
Unlimited Fruit & Vegetable Bar



Breakfast Choices Offered Daily



- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Milk Choice



Daily Lunch Menu Includes

- Choice of 2 Entrées
- **Tuesday-Friday Additional Entrée:** Uncrustable, String Cheese & Chips
- Fruit & Vegetable Bar
- Milk Choice