

GYM/FITNESS FACILITY USE REGULATION

The gym/fitness facility is designed primarily to enhance learning opportunities for students. The school district recognizes that it is not the only authorized user of the gym/fitness facility and other users will frequently be using the school district's facilities.

The Principal is responsible for coordinating gym/fitness facility use. Requests for use of the gym/fitness facility shall be filed with the Principal.

It shall be the responsibility of the entity using the gym/fitness facility to comply with the requirements of the law and school district policy and its supporting administrative regulations.

EXPECTATIONS

Who is eligible for a key?

To be eligible for a key, each person associated with that key must participate in a formal training. (Training TBD).

Age: A person must be 18 or have graduated from high school in order to have sole possession of a key. Students 10-18 may be part of a family key.

Non-district individuals: Non-district staff members and immediate family members may use the facilities and be a "key holder".

Hours

Daily from 5 AM to 10 PM

Out of town guests may get a key (short-term) by contacting the superintendent/designee.

Activation fee- (non-refundable)

\$50 per key

Deactivation

Key deactivation is at the sole discretion of the superintendent or board appointed designee. Examples of deactivation would be violation of the facility expectation guidelines, violation of the law, or any action deemed unnecessary in by the superintendent/designee.

Key holders having key deactivated will be notified via text or email.

Deactivated key holders may request in writing, at least 2 weeks before a regularly, a board hearing if they believe their key deactivation was unjust.

Keys will be deactivated based on the superintendent/designee discretion.

Reactivation

Those wishing to have their key reactivated must attend another mandatory facility use training.

\$100 non-refundable reactivation fee (this fee may double with each reactivation)

After serious or multiple infractions, a key may be permanently terminated.

Use

The fitness room may only be used for the activities in which it was intended.

The gym shall only be used for exercise classes, basketball or volleyball.

Other exceptions can be made through the superintendent/designee.

Exceptions will be done in writing via email.

Entry to and exit from the facility must be through controlled access points only. Other exits should be used for emergencies only.

The school is a gum, tobacco, and alcohol free. (This includes e-cigs.)

The facilities may be closed to members and guests for maintenance and school events.

The school reserves the right to deactivate any key for any reason.

Dry, clean shoes are a must. Proper gym/fitness center attire

Clean up

Each key holder is responsible for cleaning up after themselves and their guests and cleaning of equipment.

Exterior doors are NEVER to be propped open.

If using the facility during the winter, it is expected that you use the shovel (provided) to clear a path for others entering.

Non-profit groups are responsible for cleaning the facility (checklist).

Common Areas

Be respectful of the facility and courteous to others.

No horseplay.

Clean up after yourself and guests.

Please keep hands and feet off walls, glass, and ledges.

No glass containers allowed.

Report any misuse immediately to the school office (712) 676-3313 or gymfitness@schleswig.k12.ia.us

Gym

Be respectful of the facility and courteous to others.

Must wear clean, dry shoes

No glass containers.

Clean up after yourself and guests.

Only exercise classes, basketball, and volleyball are allowed. Other activities may be permitted with approval of the superintendent/designee.

The bleachers and stage are off limits.

No horseplay.

Only side court games may be played. Full court games may be permitted with the approval of the superintendent/designee.

8th-12th grade students are permitted to use the gym without parent supervision. No guests are allowed without key holding parent supervision. All other children must be accompanied by an adult family member card holder.

Report any misuse immediately to the school office (712) 676-3313 or gymfitness@schleswig.k12.ia.us

Fitness Room:

Anyone using the fitness center must agree and sign a liability waiver.

Be respectful of the facility and courteous to others

Must wear clean, dry shoes

All equipment is to be used as designed. No horseplay.

Workout attire must be worn. No jeans or open toed shoes.

No glass containers

Personal music or screen devices must use headphones.

Put weights back on racks.

Wipe down/disinfect all equipment after use.

Clean up after yourself and guests.

Students in 7th & 8th grade may use the facility only with key holding parent supervision.

Students in grades 9-12 must be accompanied with someone the same age or older. (Only 1 guest per key holding student. Guest must have signed liability waiver on record prior to use.)

Report any misuse, faulty equipment, or facility needs immediately to the school office (712) 676-3313 or gymfitness@schleswig.k12.ia.us

The school district reserves the right to charge all costs, including attorneys' fees, which may arise to the authorized user for the sponsored or authorized user's failure to comply with the law, board policy and administrative regulations.
